



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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1.FC Union Berlin

☐☐: 1.FC Union Berlin

☐☐: 4020

☐☐: 161.85 km

100MeilenBerlin 4er-Staffel

☐☐☐☐:

4er Staffel

☐☐☐: 15:57:16

☐☐: 10.09 km/h

☐☐☐☐: 5:55 min/km

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐☐☐	☐☐☐ ☐☐☐	
VP1 - S-Bahnhof	6.93	42:43	6:09	26	15:42	26	15:42	6.93	42:43	6:09	26	15:42	26	15:42
VP2 - Laufftreff Li	5.70	36:25	6:23	27	12:29	27	12:29	12.63	1:19:08	6:15	27	28:11	27	28:11
VP3 - Oranienbur	5.47	36:27	6:39	27	13:33	27	13:33	18.10	1:55:35	6:23	27	40:52	27	40:52
VP4 - Naturschut	4.97	37:17	7:30	24	15:43	24	15:43	23.07	2:32:52	6:37	27	56:35	27	56:35
VP5 - Frohnau	6.80	48:32	7:08	25	18:53	25	18:53	29.87	3:21:24	6:44	25	1:13:47	25	1:13:47
VP6 - Ruderclub	4.06	30:26	7:29	21	12:12	21	12:12	33.93	3:51:50	6:49	26	1:25:59	26	1:25:59
VP7 - Grenzturm	4.75	20:49	4:22	3	0:57	3	0:57	38.68	4:12:39	6:31	22	1:26:08	22	1:26:08
VP8 - Schönwald	7.53	33:25	4:26	1	-	1	-	46.21	4:46:04	6:11	17	1:25:32	17	1:25:32
VP9 - Falkenseer	5.69	25:21	4:27	1	-	1	-	51.90	5:11:25	6:00	12	1:24:01	12	1:24:01
VP10 - Karolinenl	6.60	30:49	4:40	3	0:10	3	0:10	58.50	5:42:14	5:51	9	1:24:11	9	1:24:11
VP11 - Pagel & Fi	4.90	23:45	4:50	2	0:48	2	0:48	63.40	6:05:59	5:46	5	1:24:59	5	1:24:59
VP12 - Schloss S	7.62	36:56	4:50	2	1:51	2	1:51	71.02	6:42:55	5:40	5	1:23:54	5	1:23:54
VP13 - Revierförs	6.21	35:05	5:38	11	8:06	11	8:06	77.23	7:18:00	5:40	5	1:32:00	5	1:32:00
VP14 - Brauhaus	6.00	33:59	5:39	8	6:22	8	6:22	83.23	7:51:59	5:40	5	1:38:22	5	1:38:22
VP15 - Gedenkst.	6.90	38:15	5:32	8	3:41	8	3:41	90.13	8:30:14	5:39	5	1:42:03	5	1:42:03
VP16 - Königswe	6.87	40:55	5:57	8	3:29	8	3:29	97.00	9:11:09	5:40	5	1:44:11	5	1:44:11
VP17 - Sportplatz	6.20	35:49	5:46	5	1:22	5	1:22	103.20	9:46:58	5:41	5	1:45:15	5	1:45:15
VP18 - Osdorfer	6.49	38:13	5:53	17	8:43	17	8:43	109.69	10:25:11	5:41	5	1:50:23	5	1:50:23
VP19 - Lichtenra	5.71	35:55	6:17	21	9:42	21	9:42	115.40	11:01:06	5:43	5	1:57:07	5	1:57:07
VP20 - Kirchhain	4.35	27:42	6:22	15	7:16	15	7:16	119.75	11:28:48	5:45	5	2:03:00	5	2:03:00
VP21 - Buckow	6.15	36:21	5:54	15	8:18	15	8:18	125.90	12:05:09	5:45	5	2:08:07	5	2:08:07
VP22 - Rudow	4.97	30:41	6:10	9	7:34	9	7:34	130.87	12:35:50	5:46	6	2:11:57	6	2:11:57
VP23 - Johannistl	5.89	35:08	5:57	7	4:56	7	4:56	136.76	13:10:58	5:47	6	2:15:23	6	2:15:23
VP24 - Dammwe	5.64	34:22	6:05	6	4:51	6	4:51	142.40	13:45:20	5:47	6	2:20:14	6	2:20:14
VP25 - Eas Side	6.33	44:55	7:05	9	10:59	9	10:59	148.73	14:30:15	5:51	6	2:30:29	6	2:30:29
VP26 - Checkpoir	4.22	27:09	6:26	8	5:37	8	5:37	152.95	14:57:24	5:52	6	2:35:52	6	2:35:52
VP27 - Gedenkst.	4.12	30:33	7:24	10	5:57	10	5:57	157.07	15:27:57	5:54	6	2:40:34	6	2:40:34
Friedrich-Ludwig	4.78	29:19	6:07	9	5:33	9	5:33	161.85	15:57:16	5:54	6	2:46:07	6	2:46:07