



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

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## Team Mecomeo 2

☐☐: Team Mecomeo 2

☐☐: 4027

☐☐: 161.85 km

100MeilenBerlin 4er-Staffel

☐☐☐☐:

4er Staffel

☐☐☐: 18:13:14

☐☐: 8.84 km/h

☐☐☐☐: 6:45 min/km

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☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐	☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐☐ -	☐☐☐ -	☐☐☐ ☐☐☐	☐☐☐ ☐☐☐	
VP1 - S-Bahnhof	6.93	35:02	5:03	8	8:01	8	8:01	6.93	35:02	5:03	8	8:01	8	8:01
VP2 - Laufftreff Li	5.70	30:08	5:17	9	6:12	9	6:12	12.63	1:05:10	5:09	8	14:13	8	14:13
VP3 - Oranienbur	5.47	29:55	5:28	9	7:01	9	7:01	18.10	1:35:05	5:15	8	20:22	8	20:22
VP4 - Naturschut	4.97	30:16	6:05	11	8:42	11	8:42	23.07	2:05:21	5:26	10	29:04	10	29:04
VP5 - Frohnau	6.80	41:12	6:03	11	11:33	11	11:33	29.87	2:46:33	5:34	10	38:56	10	38:56
VP6 - Ruderclub	4.06	26:53	6:37	14	8:39	14	8:39	33.93	3:13:26	5:42	10	47:35	10	47:35
VP7 - Grenzturm	4.75	30:47	6:28	23	10:55	23	10:55	38.68	3:44:13	5:47	10	57:42	10	57:42
VP8 - Schönwald	7.53	50:41	6:43	21	17:16	21	17:16	46.21	4:34:54	5:56	13	1:14:22	13	1:14:22
VP9 - Falkenseer	5.69	40:23	7:05	22	15:02	22	15:02	51.90	5:15:17	6:04	16	1:27:53	16	1:27:53
VP10 - Karolinenl	6.60	49:35	7:30	18	18:56	18	18:56	58.50	6:04:52	6:14	17	1:46:49	17	1:46:49
VP11 - Pagel & Fi	4.90	37:06	7:34	19	14:09	19	14:09	63.40	6:41:58	6:20	17	2:00:58	17	2:00:58
VP12 - Schloss S	7.62	58:15	7:38	23	23:10	23	23:10	71.02	7:40:13	6:28	18	2:21:12	18	2:21:12
VP13 - Revierförs	6.21	35:44	5:45	12	8:45	12	8:45	77.23	8:15:57	6:25	17	2:29:57	17	2:29:57
VP14 - Brauhaus	6.00	38:53	6:28	21	11:16	21	11:16	83.23	8:54:50	6:25	18	2:41:13	18	2:41:13
VP15 - Gedenkst.	6.90	48:13	6:59	24	13:39	24	13:39	90.13	9:43:03	6:28	19	2:54:52	19	2:54:52
VP16 - Königswe	6.87	48:45	7:05	18	11:19	18	11:19	97.00	10:31:48	6:30	17	3:04:50	17	3:04:50
VP17 - Sportplatz	6.20	40:43	6:34	17	6:16	17	6:16	103.20	11:12:31	6:30	17	3:10:48	17	3:10:48
VP18 - Osdorfer	6.49	35:02	5:23	11	5:32	11	5:32	109.69	11:47:33	6:27	16	3:12:45	16	3:12:45
VP19 - Lichtenra	5.71	32:03	5:36	10	5:50	10	5:50	115.40	12:19:36	6:24	15	3:15:37	15	3:15:37
VP20 - Kirchhain	4.35	25:42	5:54	9	5:16	9	5:16	119.75	12:45:18	6:23	15	3:19:30	15	3:19:30
VP21 - Buckow	6.15	37:22	6:04	17	9:19	17	9:19	125.90	13:22:40	6:22	15	3:25:38	15	3:25:38
VP22 - Rudow	4.97	45:33	9:09	31	22:26	31	22:26	130.87	14:08:13	6:28	15	3:44:20	15	3:44:20
VP23 - Johannistl	5.89	47:46	8:06	24	17:34	24	17:34	136.76	14:55:59	6:33	15	4:00:24	15	4:00:24
VP24 - Dammwe	5.64	45:16	8:01	21	15:45	21	15:45	142.40	15:41:15	6:36	15	4:16:09	15	4:16:09
VP25 - Eas Side	6.33	57:22	9:03	22	23:26	22	23:26	148.73	16:38:37	6:42	17	4:38:51	17	4:38:51
VP26 - Checkpoir	4.22	30:52	7:18	13	9:20	13	9:20	152.95	17:09:29	6:43	16	4:47:57	16	4:47:57
VP27 - Gedenkst.	4.12	31:22	7:36	12	6:46	12	6:46	157.07	17:40:51	6:45	15	4:53:28	15	4:53:28
Friedrich-Ludwig	4.78	32:23	6:46	18	8:37	18	8:37	161.85	18:13:14	6:45	14	5:02:05	14	5:02:05