



### 3. Arnstädter Alteburgstaffel

Arnstadt / 27.05.2015

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#### Sparkasse Team 2

□□: Sparkasse Team 2

□□: 23

□□: 6.00 km

Staffel 5 x 1,2 km

□□□□:

Staffel

□□□: 39:36

□□: 9.09 km/h

□□□□: 6:36 min/km

□□□□□: 29 (of 30)

□□□□□□: 25:55

□□□□□: 29(of 30)

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| □□□     | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□  | □□□   | □□□  | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|---------|----------|----------|--------------|---------|---------|-----------|-----------|------|-------|------|---------|---------|-----------|-----------|
| Wechsel | 1.20     | 7:07     | 5:55         | 25      | 2:37    | 25        | 2:37      | 1.20 | 7:07  | 5:55 | 25      | 2:37    | 25        | 2:37      |
| Wechsel | 1.20     | 7:44     | 6:26         | 24      | 2:52    | 24        | 2:52      | 2.40 | 14:51 | 6:11 | 23      | 5:01    | 23        | 5:01      |
| Wechsel | 1.20     | 8:37     | 7:10         | 27      | 3:08    | 27        | 3:08      | 3.60 | 23:28 | 6:31 | 26      | 7:29    | 26        | 7:29      |
| Wechsel | 1.20     | 9:02     | 7:31         | 29      | 4:01    | 29        | 4:01      | 4.80 | 32:30 | 6:46 | 28      | 11:17   | 28        | 11:17     |
| □□      | 1.20     | 7:06     | 5:55         | 28      | 2:32    | 28        | 2:32      | 6.00 | 39:36 | 6:36 | 29      | 13:41   | 29        | 13:41     |