

Kluba, Lydia

□□: Erfurt
□□: 141

□□: 5.00 km
n3 5-km-Lauf

Seniorinnen W30 (30-34 Jahre)

□□□: 32:59

□□: 9.10 km/h

□□□□: 6:36 min/km

_____: 53 (of 58)

||||||||||: 16 (of 19)

[][][]: 21:13

□□□□: 5(of 5)

0000000: 23:11

km	min/km	-	-			km	r	nin/km	-	-			

 $\Box\Box$ 1 1.38 8:41 6:17 2:38 3:24 6:17 2:38 3:24 5 19 1.38 8:41 19 2.34 15:29 6:37 4:33 5:19 6:29 7:11 8:43 15 3.72 24:10 18 1.28 8:49 6:53 2:37 3:03 5.00 32:59 6:35 9:48 16 11:46 □□□ Ziel 14