



7. Ars-Natura-MTB-Marathon  
Neumorschen / 12.07.2015

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Zeiseweis, Ralf

00: RSV Bruchhausen-Vilsen  
00: 402

00: 102.00 km  
Spezialmarathon

0000:  
Senioren 3 (51 und älter)

000: 5:08:22

00: 19.85 km/h

00000/000: 10 (of 14)

00000/0: 10 (of 13)

000000: 3:59:38

00000: 2(of 3)

0000000: 4:57:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Runde	34.00	1:35:03	21.46	2	3:18	12	19:10	34.00	1:35:03	21.46	2	3:18	12	19:10
Runde	34.00	1:44:35	19.51	2	4:16	9	23:26	68.00	3:19:38	20.44	2	7:34	12	42:35
Ziel	34.00	1:48:44	18.76	2	3:16	9	26:09	102.00	5:08:22	19.85	2	10:50	10	1:08:44