



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 27.09.2015

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Quittenbaum, Michael

□□□: 3:13:25

□□: Berg+Bike Ausdauersport Sömmerda

□□: 16.75 km/h

□□: 407

□□: 54.00 km

□□□□□/□□□: 28 (of 60)

Ambitioniert

□□□□□/□: 27 (of 59)

□□□□□□: 2:24:01

□□□□:

□□□□□: 8(of 19)

Senioren 1

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K2 - Neutorturm	-	1:41	-	14	0:47	41	0:47	-	1:41	-	20	0:47	24	0:47
K3 - Schleife A	-	17:34	-	9	3:23	27	3:49	-	19:15	-	20	4:07	60	4:35
Runde	-	21:10	-	12	3:54	28	4:27	-	40:25	-	20	7:59	60	8:45
K2 - Neutorturm	-	1:02	-	14	0:14	32	0:19	-	41:27	-	20	8:13	60	9:00
K5 - Schleife B 1	-	28:04	-	10	5:50	29	7:06	-	1:09:31	-	20	14:03	59	16:04
K6 - Schleife B 2	-	12:39	-	9	2:53	29	3:17	-	1:22:10	-	20	16:56	59	19:13
K7 - Schleife B 3	-	5:31	-	9	0:36	27	0:51	-	1:27:41	-	20	17:32	59	20:04
Runde	-	25:49	-	10	5:26	24	5:55	-	1:53:30	-	20	22:58	60	25:54
K2 - Neutorturm	-	1:01	-	8	0:10	22	0:12	-	1:54:31	-	20	23:08	58	26:03
K5 - Schleife B 1	-	30:39	-	9	7:50	29	9:22	-	2:25:10	-	19	30:58	58	35:25
K6 - Schleife B 2	-	14:26	-	11	4:34	30	5:06	-	2:39:36	-	19	35:32	58	40:29
K7 - Schleife B 3	-	5:29	-	7	0:37	18	0:51	-	2:45:05	-	19	36:09	58	41:20
Marktplatz	-	28:20	-	9	7:15	29	8:04	54.00	3:13:25	-	8	43:24	27	49:24