



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 27.09.2015

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Rost, Christian

□□□: 3:32:57

□□: Team SportsLab Altenburg

□□: 15.21 km/h

□□: 170

□□: 54.00 km

□□□□□/□□□: 42 (of 60)

Ambitioniert

□□□□□/□: 41 (of 59)

□□□□□□: 2:24:01

□□□□:

□□□□□: 14(of 19)

Senioren 1

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
K2 - Neutorturm	-	1:10	-	8	0:16	19	0:16	-	1:10	-	20	0:16	15	0:16
K3 - Schleife A	-	18:20	-	13	4:09	34	4:35	-	19:30	-	20	4:22	60	4:50
Runde	-	22:14	-	14	4:58	43	5:31	-	41:44	-	20	9:18	60	10:04
K2 - Neutorturm	-	1:01	-	12	0:13	30	0:18	-	42:45	-	20	9:31	60	10:18
K5 - Schleife B 1	-	28:56	-	13	6:42	35	7:58	-	1:11:41	-	20	16:13	59	18:14
K6 - Schleife B 2	-	13:44	-	13	3:58	40	4:22	-	1:25:25	-	20	20:11	59	22:28
K7 - Schleife B 3	-	6:52	-	17	1:57	55	2:12	-	1:32:17	-	20	22:08	59	24:40
Runde	-	28:35	-	14	8:12	39	8:41	-	2:00:52	-	20	30:20	60	33:16
K2 - Neutorturm	-	1:08	-	12	0:17	34	0:19	-	2:02:00	-	20	30:37	58	33:32
K5 - Schleife B 1	-	36:57	-	15	14:08	46	15:40	-	2:38:57	-	19	44:45	58	49:12
K6 - Schleife B 2	-	15:00	-	12	5:08	37	5:40	-	2:53:57	-	19	49:53	58	54:50
K7 - Schleife B 3	-	7:31	-	17	2:39	55	2:53	-	3:01:28	-	19	52:32	58	57:43
Marktplatz	-	31:29	-	14	10:24	40	11:13	54.00	3:32:57	-	14	1:02:56	41	1:08:56