



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Finke, Heidrun

□□: OLV Uslar

□□□: 43:30

□□□□: 10:02 min/km

□□: 4.33 km / 9 □□

□□□□:

Damen ab 50

□□□□□: 3(of 22)

□□□□□□□: 35:56

□□: 7:34

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (35)	3:47	2	0:07	3.2	3:47	2	0:07	3.2
2 (43)	5:39	2	0:17	5.3	9:26	2	0:04	0.7
3 (46)	3:57	4	0:32	15.6	13:23	2	0:36	4.7
4 (56)	6:46	9	1:45	34.9	20:09	3	2:21	13.2
5 (82)	8:24	7	1:51	28.2	28:33	3	4:12	17.3
6 (83)	2:23	10	0:51	55.4	30:56	3	5:03	19.5
7 (85)	4:17	2	0:22	9.4	35:13	3	5:25	18.2
8 (84)	3:47	11	1:35	72.0	39:00	4	7:00	21.9
9 (75)	3:26	4	0:25	13.8	42:26	3	7:25	21.2
□□	1:04	5	0:09	16.4	43:30	3	7:34	21.1