



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Malkowa, Elena

□□: Post SV Dresden

□□□: 51:32

□□□□: 11:54 min/km

□□: 4.33 km / 9 □□

□□□□:

Damen ab 50

□□□□□: 8(of 22)

□□□□□□□: 35:56

□□: 15:36

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (35)	5:09	12	1:29	40.5	5:09	12	1:29	40.5
2 (43)	7:18	6	1:56	36.0	12:27	8	3:05	32.9
3 (46)	5:44	15	2:19	67.8	18:11	8	5:24	42.2
4 (56)	7:37	13	2:36	51.8	25:48	11	8:00	44.9
5 (82)	7:18	3	0:45	11.5	33:06	7	8:45	35.9
6 (83)	2:21	9	0:49	53.3	35:27	8	9:34	37.0
7 (85)	5:10	7	1:15	31.9	40:37	8	10:49	36.3
8 (84)	5:59	16	3:47	172.0	46:36	8	14:36	45.6
9 (75)	3:53	9	0:52	28.7	50:29	8	15:28	44.2
□□	1:03	4	0:08	14.6	51:32	8	15:36	43.4