



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Braatz, Monika

□□: Treptower SV 1949

□□□: 1:03:53

□□□□: 19:28 min/km

□□: 3.28 km / 8 □□

□□□□:

Damen ab 55

□□□□□: 9(of 9)

□□□□□□□: 33:46

□□: 30:07

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (57)	4:58	5	1:37	48.3	4:58	5	1:37	48.3
2 (54)	8:35	7	4:18	100.4	13:33	6	5:55	77.5
3 (55)	2:25	8	1:14	104.2	15:58	7	7:09	81.1
4 (70)	3:13	4	0:06	3.2	19:11	5	7:13	60.3
5 (65)	6:18	5	0:46	13.9	25:29	5	7:56	45.2
6 (77)	3:26	5	0:59	40.1	28:55	5	8:49	43.9
7 (76)	25:21	9	17:05	206.7	54:16	9	25:54	91.3
8 (75)	8:03	9	3:39	83.0	1:02:19	9	29:33	90.2
□□	1:34	9	0:34	56.7	1:03:53	9	30:07	89.2