



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Graumann, Friederike

□□: ESV Lok Berlin-Schönevide

□□□: 54:23

□□□□: 9:01 min/km

□□: 6.03 km / 11 □□

□□□□:

Damen ab 19 ALang

□□□□□: 3(of 13)

□□□□□□□: 54:12

□□: 0:11

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	5:14	5	0:49	18.5	5:14	5	0:49	18.5
2 (38)	1:47	5	0:18	20.2	7:01	4	0:55	15.0
3 (32)	5:05	8	1:20	35.6	12:06	6	2:11	22.0
4 (34)	3:58	3	0:01	0.4	16:04	4	2:10	15.6
5 (41)	6:52	6	0:58	16.4	22:56	5	2:46	13.7
6 (51)	8:18	3	0:21	4.4	31:14	4	0:39	2.1
7 (52)	2:18	2	0:28	25.5	33:32	2	0:37	1.9
8 (70)	7:07	3	0:26	6.5	40:39	3	0:41	1.7
9 (71)	1:49	4	0:15	16.0	42:28	2	0:34	1.4
10 (82)	4:28	2	0:14	5.5	46:56	1	-	-
11 (75)	6:26	5	0:20	5.5	53:22	1	-	-
□□	1:01	7	0:17	38.6	54:23	3	0:11	0.3