



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Döllgast, Nina

□□: MTK Bad Harzburg

□□□: 1:00:17

□□□□: 9:59 min/km

□□: 6.03 km / 11 □□

□□□□:

Damen ab 19 ALang

□□□□□: 7(of 13)

□□□□□□□: 54:12

□□: 6:05

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	5:28	7	1:03	23.8	5:28	7	1:03	23.8
2 (38)	2:00	10	0:31	34.8	7:28	8	1:22	22.4
3 (32)	5:36	11	1:51	49.3	13:04	10	3:09	31.8
4 (34)	4:32	8	0:35	14.8	17:36	9	3:42	26.6
5 (41)	6:55	7	1:01	17.2	24:31	8	4:21	21.6
6 (51)	10:02	10	2:05	26.2	34:33	8	3:58	13.0
7 (52)	2:50	10	1:00	54.6	37:23	8	4:28	13.6
8 (70)	8:07	6	1:26	21.5	45:30	7	5:32	13.8
9 (71)	1:34	1	-	-	47:04	7	5:10	12.3
10 (82)	5:25	9	1:11	28.0	52:29	7	5:33	11.8
11 (75)	6:56	8	0:50	13.7	59:25	7	6:03	11.3
□□	0:52	3	0:08	18.2	1:00:17	7	6:05	11.2