



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Helmert, Felix

□□: USG Chemnitz

□□□: 1:02:29

□□□□: 14:52 min/km

□□: 4.20 km / 8 □□

□□□□:

Herren bis 14

□□□□□: 19(of 24)

□□□□□□□: 32:19

□□: 30:10

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (69)	10:35	19	4:52	85.1	10:35	19	4:52	85.1
2 (79)	2:56	20	1:20	83.3	13:31	19	6:12	84.7
3 (77)	8:04	23	4:37	133.8	21:35	22	10:37	96.8
4 (67)	6:23	23	3:51	152.0	27:58	22	14:00	100.2
5 (80)	9:45	20	5:11	113.5	37:43	21	18:12	93.3
6 (91)	12:20	20	7:15	142.6	50:03	21	24:44	97.7
7 (83)	3:08	15	1:18	70.9	53:11	19	26:02	95.9
8 (75)	8:33	20	4:04	90.7	1:01:44	19	30:06	95.2
□□	0:45	3	0:08	21.6	1:02:29	19	30:10	93.4