



BRL - Hetzdorf
Hetzdorf / 10.05.2015

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Uster, Jonas

□□: TSG Bad König

□□□: 1:03:02

□□□□: 7:20 min/km

□□: 8.58 km / 12 □□

□□□□:

Herren bis 18

□□□□□: 6(of 20)

□□□□□□□: 52:00

□□: 11:02

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	□□	-	-	%	□□	-	-	%
1 (40)	4:56	11	1:06	28.7	4:56	11	1:06	28.7
2 (32)	7:02	18	3:35	103.9	11:58	17	4:13	54.4
3 (37)	6:01	15	2:06	53.6	17:59	16	6:19	54.1
4 (83)	12:25	2	1:04	9.4	30:24	12	7:23	32.1
5 (87)	3:47	3	0:17	8.1	34:11	9	7:40	28.9
6 (94)	5:48	8	1:19	29.4	39:59	7	8:59	29.0
7 (97)	6:08	5	1:09	23.1	46:07	7	10:08	28.2
8 (100)	2:52	4	0:18	11.7	48:59	7	10:26	27.1
9 (96)	2:19	10	0:34	32.4	51:18	7	11:00	27.3
10 (95)	3:04	2	0:11	6.4	54:22	7	10:41	24.5
11 (85)	5:11	3	0:41	15.2	59:33	7	11:22	23.6
12 (75)	2:53	1	-	-	1:02:26	6	11:11	21.8
□□	0:36	2	0:04	12.5	1:03:02	6	11:02	21.2