



BRL - Hetzdorf  
Hetzdorf / 10.05.2015

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Janischowsky, Daniel

□□: OLG Regensburg

□□□: 1:12:30

□□□□: 7:01 min/km

□□: 10.33 km / 13 □□

□□□□:

Herren bis 20

□□□□□: 3(of 10)

□□□□□□□: 1:00:50

□□: 11:40

□□□□

| □□       | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|----------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (42)   | 5:28     | 6       | 1:55    | 54.0    | 5:28      | 6       | 1:55    | 54.0    |
| 2 (44)   | 2:56     | 6       | 1:26    | 95.6    | 8:24      | 6       | 3:21    | 66.3    |
| 3 (33)   | 6:46     | 7       | 2:03    | 43.5    | 15:10     | 7       | 5:24    | 55.3    |
| 4 (45)   | 6:12     | 2       | 1:06    | 21.6    | 21:22     | 6       | 6:30    | 43.7    |
| 5 (51)   | 2:39     | 2       | 0:21    | 15.2    | 24:01     | 5       | 6:51    | 39.9    |
| 6 (53)   | 3:04     | 2       | 0:01    | 0.6     | 27:05     | 3       | 6:45    | 33.2    |
| 7 (94)   | 18:30    | 5       | 2:26    | 15.2    | 45:35     | 4       | 9:11    | 25.2    |
| 8 (97)   | 5:38     | 2       | 0:54    | 19.0    | 51:13     | 4       | 10:05   | 24.5    |
| 9 (100)  | 2:52     | 6       | 0:31    | 22.0    | 54:05     | 4       | 10:36   | 24.4    |
| 10 (102) | 4:13     | 2       | 0:07    | 2.9     | 58:18     | 3       | 10:08   | 21.0    |
| 11 (87)  | 9:23     | 7       | 1:19    | 16.3    | 1:07:41   | 3       | 11:27   | 20.4    |
| 12 (85)  | 0:56     | 3       | 0:07    | 14.3    | 1:08:37   | 3       | 11:27   | 20.0    |
| 13 (75)  | 3:11     | 2       | 0:12    | 6.7     | 1:11:48   | 3       | 11:39   | 19.4    |
| □□       | 0:42     | 4       | 0:08    | 23.5    | 1:12:30   | 3       | 11:40   | 19.2    |