



BRL - Hetzdorf
Hetzdorf / 10.05.2015

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Körner, Ralph

□□: OLV Landshut

□□□: 1:09:34

□□□□: 7:41 min/km

□□: 9.05 km / 16 □□

□□□□:

Herren ab 35

□□□□□: 5(of 12)

□□□□□□□: 1:00:04

□□: 9:30

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (35)	2:56	4	0:11	6.7	2:56	4	0:11	6.7
2 (43)	4:56	5	0:47	18.9	7:52	5	0:44	10.3
3 (82)	10:38	4	2:05	24.4	18:30	5	2:43	17.2
4 (77)	5:10	5	0:44	16.5	23:40	5	3:22	16.6
5 (65)	2:10	7	0:35	36.8	25:50	5	3:57	18.1
6 (67)	1:37	3	0:08	9.0	27:27	5	3:55	16.6
7 (78)	2:46	7	0:34	25.8	30:13	5	4:29	17.4
8 (90)	6:10	7	1:17	26.3	36:23	5	5:38	18.3
9 (91)	2:24	3	0:19	15.2	38:47	5	5:57	18.1
10 (92)	5:03	7	1:29	41.6	43:50	5	6:16	16.7
11 (94)	4:46	7	1:15	35.6	48:36	5	7:31	18.3
12 (96)	3:20	5	0:22	12.4	51:56	5	7:53	17.9
13 (95)	3:43	7	0:45	25.3	55:39	5	8:15	17.4
14 (93)	4:36	7	1:01	28.4	1:00:15	5	9:16	18.2
15 (76)	5:15	5	0:34	12.1	1:05:30	5	9:20	16.6
16 (75)	3:21	5	0:33	19.6	1:08:51	5	9:34	16.1
□□	0:43	2	0:01	2.4	1:09:34	5	9:30	15.8