



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Rabe, Jens

□□: SV Sedlitz BW 90

□□□: 1:29:38

□□□□: 10:26 min/km

□□: 8.58 km / 12 □□

□□□□:

Herren ab 40

□□□□□: 12(of 16)

□□□□□□: 59:08

□□: 30:30

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (40)	6:13	8	2:00	47.4	6:13	8	2:00	47.4
2 (32)	5:09	5	1:07	27.7	11:22	8	3:00	35.9
3 (37)	5:56	9	1:33	35.4	17:18	9	4:11	31.9
4 (83)	23:30	14	10:24	79.4	40:48	12	14:23	54.5
5 (87)	5:17	8	1:32	40.9	46:05	12	15:42	51.7
6 (94)	8:36	14	3:35	71.4	54:41	12	19:17	54.5
7 (97)	9:16	13	3:54	72.7	1:03:57	12	23:11	56.9
8 (100)	3:44	8	0:47	26.6	1:07:41	12	23:58	54.8
9 (96)	3:29	12	1:27	71.3	1:11:10	12	25:24	55.5
10 (95)	5:13	10	2:06	67.4	1:16:23	12	26:34	53.3
11 (85)	7:48	12	2:38	51.0	1:24:11	12	29:12	53.1
12 (75)	4:21	8	1:00	29.9	1:28:32	12	30:07	51.6
□□	1:06	14	0:23	53.5	1:29:38	12	30:30	51.6