



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

□□□□

Spangenberg, Ann-Charlotte

□□: TG 1860 Münden

□□□: 49:22

□□□□: 9:20 min/km

□□: 5.28 km / 11 □□

□□□□:

Damen bis 16

□□□□□: 3(of 23)

□□□□□□□: 39:30

□□: 9:52

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (32)	5:25	5	0:49	17.8	5:25	5	0:49	17.8
2 (37)	6:48	3	2:05	44.2	12:13	3	2:54	31.1
3 (41)	6:31	3	1:09	21.4	18:44	3	4:03	27.6
4 (54)	5:20	2	1:02	24.0	24:04	2	5:05	26.8
5 (56)	1:25	6	0:43	102.4	25:29	2	5:48	29.5
6 (71)	3:39	3	0:33	17.7	29:08	2	6:21	27.9
7 (70)	2:01	6	0:39	47.6	31:09	2	7:00	29.0
8 (77)	3:49	2	0:55	31.6	34:58	2	7:55	29.3
9 (83)	6:46	3	1:01	17.7	41:44	2	8:56	27.2
10 (76)	2:36	3	0:15	10.6	44:20	2	9:04	25.7
11 (75)	4:13	4	0:53	26.5	48:33	3	9:48	25.3
□□	0:49	6	0:05	11.4	49:22	3	9:52	25.0