



BRL - Hetzdorf  
Hetzdorf / 10.05.2015

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Vogl, Roland

□□: SV Mietraching

□□□: 1:11:58

□□□□: 8:40 min/km

□□: 8.30 km / 14 □□

□□□□:

Herren ab 45

□□□□□: 20(of 51)

□□□□□□□: 53:25

□□: 18:33

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	5:16	22	1:35	43.0	5:16	22	1:35	43.0
2 (44)	1:43	32	0:59	134.1	6:59	25	2:30	55.8
3 (32)	5:43	22	1:53	49.1	12:42	22	4:18	51.2
4 (33)	3:15	11	0:42	27.5	15:57	19	5:00	45.7
5 (43)	5:51	21	1:56	49.4	21:48	20	5:42	35.4
6 (56)	9:00	36	3:46	72.0	30:48	25	9:10	42.4
7 (55)	2:18	19	0:34	32.7	33:06	24	9:42	41.5
8 (92)	12:10	18	2:40	28.1	45:16	22	12:22	37.6
9 (93)	3:14	11	0:22	12.8	48:30	22	12:30	34.7
10 (85)	3:00	15	0:37	25.9	51:30	20	13:07	34.2
11 (90)	6:07	9	0:54	17.3	57:37	20	13:52	31.7
12 (81)	2:40	38	1:45	190.9	1:00:17	20	15:34	34.8
13 (76)	6:53	20	1:55	38.6	1:07:10	20	17:29	35.2
14 (75)	3:54	21	0:55	30.7	1:11:04	20	18:24	34.9
□□	0:54	22	0:20	58.8	1:11:58	20	18:33	34.7