



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Hänsel, Jörg

□□: SV Lengefeld

□□□: 1:34:49

□□□□: 11:25 min/km

□□: 8.30 km / 14 □□

□□□□:

Herren ab 45

□□□□□: 38(of 51)

□□□□□□: 53:25

□□: 41:24

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	5:19	24	1:38	44.3	5:19	24	1:38	44.3
2 (44)	1:02	17	0:18	40.9	6:21	19	1:52	41.6
3 (32)	13:48	44	9:58	260.0	20:09	43	11:45	139.9
4 (33)	5:31	39	2:58	116.3	25:40	43	14:43	134.4
5 (43)	5:45	20	1:50	46.8	31:25	42	15:19	95.1
6 (56)	8:25	32	3:11	60.8	39:50	40	18:12	84.1
7 (55)	3:04	36	1:20	76.9	42:54	40	19:30	83.3
8 (92)	18:12	41	8:42	91.6	1:01:06	41	28:12	85.7
9 (93)	4:40	33	1:48	62.8	1:05:46	40	29:46	82.7
10 (85)	5:15	38	2:52	120.3	1:11:01	38	32:38	85.0
11 (90)	8:25	30	3:12	61.3	1:19:26	38	35:41	81.6
12 (81)	1:48	25	0:53	96.4	1:21:14	38	36:31	81.7
13 (76)	8:29	35	3:31	70.8	1:29:43	38	40:02	80.6
14 (75)	4:09	27	1:10	39.1	1:33:52	38	41:12	78.2
□□	0:57	28	0:23	67.7	1:34:49	38	41:24	77.5