



BRL - Hetzdorf
Hetzdorf / 10.05.2015

□□□□

Kaminski, Jürgen

□□: Treptower SV 1949

□□□: 1:38:50

□□□□: 11:54 min/km

□□: 8.30 km / 14 □□

□□□□:

Herren ab 45

□□□□□: 40(of 51)

□□□□□□□: 53:25

□□: 45:25

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	6:48	43	3:07	84.6	6:48	43	3:07	84.6
2 (44)	1:22	27	0:38	86.4	8:10	36	3:41	82.2
3 (32)	9:07	43	5:17	137.8	17:17	42	8:53	105.8
4 (33)	4:44	37	2:11	85.6	22:01	39	11:04	101.1
5 (43)	8:51	41	4:56	126.0	30:52	40	14:46	91.7
6 (56)	9:55	43	4:41	89.5	40:47	41	19:09	88.5
7 (55)	3:04	36	1:20	76.9	43:51	41	20:27	87.4
8 (92)	15:22	35	5:52	61.8	59:13	39	26:19	80.0
9 (93)	5:54	41	3:02	105.8	1:05:07	39	29:07	80.9
10 (85)	6:38	40	4:15	178.3	1:11:45	39	33:22	86.9
11 (90)	9:52	37	4:39	89.1	1:21:37	39	37:52	86.6
12 (81)	1:43	20	0:48	87.3	1:23:20	39	38:37	86.4
13 (76)	8:51	38	3:53	78.2	1:32:11	39	42:30	85.5
14 (75)	5:26	42	2:27	82.1	1:37:37	40	44:57	85.4
□□	1:13	39	0:39	114.7	1:38:50	40	45:25	85.0