



BRL - Hetzdorf
Hetzdorf / 10.05.2015

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Schierz, Holger

□□: OL Görlitz

□□□: 1:14:12

□□□□: 11:37 min/km

□□: 6.38 km / 13 □□

□□□□:

Herren ab 50

□□□□□: 18(of 29)

□□□□□□: 51:58

□□: 22:14

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (36)	3:37	13	0:44	25.4	3:37	13	0:44	25.4
2 (47)	4:37	9	1:01	28.2	8:14	8	1:31	22.6
3 (44)	2:07	21	1:25	202.4	10:21	13	2:25	30.5
4 (32)	7:25	20	2:59	67.3	17:46	14	4:56	38.4
5 (34)	4:22	14	1:08	35.1	22:08	14	5:57	36.8
6 (56)	14:56	22	5:41	61.4	37:04	17	10:48	41.1
7 (71)	8:44	24	5:51	202.9	45:48	18	16:39	57.1
8 (63)	3:24	12	0:58	39.7	49:12	18	17:37	55.8
9 (62)	3:56	16	1:33	65.0	53:08	18	16:48	46.2
10 (67)	2:42	23	1:16	88.4	55:50	19	17:01	43.8
11 (77)	3:17	14	1:08	52.7	59:07	19	18:09	44.3
12 (76)	9:10	15	2:52	45.5	1:08:17	17	20:24	42.6
13 (75)	4:55	22	2:11	79.9	1:13:12	17	21:59	42.9
□□	1:00	20	0:18	42.9	1:14:12	18	22:14	42.8