



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Röhnert, Wilfried

□□: SSV Planeta Radebeul

□□□: 1:14:39

□□□□: 11:42 min/km

□□: 6.38 km / 13 □□

□□□□:

Herren ab 50

□□□□□: 19(of 29)

□□□□□□: 51:58

□□: 22:41

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	□□	-	-	%	□□	-	-	%
1 (36)	7:27	24	4:34	158.4	7:27	24	4:34	158.4
2 (47)	12:45	25	9:09	254.2	20:12	25	13:29	200.7
3 (44)	1:12	10	0:30	71.4	21:24	25	13:28	169.8
4 (32)	5:45	7	1:19	29.7	27:09	25	14:19	111.6
5 (34)	4:07	9	0:53	27.3	31:16	25	15:05	93.2
6 (56)	13:15	14	4:00	43.2	44:31	25	18:15	69.5
7 (71)	4:12	14	1:19	45.7	48:43	24	19:34	67.1
8 (63)	3:29	15	1:03	43.2	52:12	23	20:37	65.3
9 (62)	3:28	12	1:05	45.5	55:40	23	19:20	53.2
10 (67)	2:01	7	0:35	40.7	57:41	23	18:52	48.6
11 (77)	3:34	18	1:25	65.9	1:01:15	21	20:17	49.5
12 (76)	7:55	12	1:37	25.7	1:09:10	19	21:17	44.5
13 (75)	4:33	16	1:49	66.5	1:13:43	20	22:30	43.9
□□	0:56	17	0:14	33.3	1:14:39	19	22:41	43.7