



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Seeger, Guido

□□: Bayersdorfer SV

□□□: 56:19

□□□□: 10:28 min/km

□□: 5.38 km / 9 □□

□□□□:

Herren ab 55

□□□□□: 8(of 14)

□□□□□□□: 40:54

□□: 15:25

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (36)	4:55	11	1:42	52.9	4:55	11	1:42	52.9
2 (33)	4:12	10	1:03	33.3	9:07	9	2:45	43.2
3 (51)	11:17	4	2:10	23.8	20:24	5	4:55	31.8
4 (52)	2:50	9	0:50	41.7	23:14	6	5:30	31.0
5 (65)	8:57	12	3:17	57.9	32:11	9	8:47	37.5
6 (88)	7:15	11	2:41	58.8	39:26	9	11:28	41.0
7 (85)	6:39	6	1:22	25.9	46:05	8	12:50	38.6
8 (84)	5:25	12	3:05	132.1	51:30	8	14:24	38.8
9 (75)	3:55	8	1:03	36.6	55:25	8	15:23	38.4
□□	0:54	4	0:02	3.9	56:19	8	15:25	37.7