



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

□□□□

Much, Detlef

□□: OLV Uslar

□□□: 1:00:01

□□□□: 11:09 min/km

□□: 5.38 km / 9 □□

□□□□:

Herren ab 60

□□□□□: 11(of 17)

□□□□□□: 40:53

□□: 19:08

□□□□

□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (36)	4:30	10	1:34	53.4	4:30	10	1:34	53.4
2 (33)	4:17	8	1:16	42.0	8:47	9	2:50	47.6
3 (51)	13:25	10	4:11	45.3	22:12	9	6:38	42.6
4 (52)	2:47	7	1:00	56.1	24:59	8	7:38	44.0
5 (65)	8:59	9	3:11	54.9	33:58	9	10:49	46.7
6 (88)	7:39	10	3:03	66.3	41:37	10	13:52	50.0
7 (85)	7:37	9	2:20	44.2	49:14	10	13:53	39.3
8 (84)	4:52	11	2:52	143.3	54:06	11	16:45	44.9
9 (75)	4:38	12	2:00	76.0	58:44	11	18:37	46.4
□□	1:17	11	0:32	71.1	1:00:01	11	19:08	46.8