



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Risch, Nikolaus

□□: ASG Teutoburger Wald

□□□: 41:30

□□□□: 9:35 min/km

□□: 4.33 km / 9 □□

□□□□:

Herren ab 65

□□□□□: 1(of 11)

□□□□□□□: 41:30

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	□□	-	-	%	□□	-	-	%
1 (35)	3:45	2	0:09	4.2	3:45	2	0:09	4.2
2 (43)	6:12	1	-	-	9:57	1	-	-
3 (46)	4:05	3	0:15	6.5	14:02	1	-	-
4 (56)	6:03	4	0:36	11.0	20:05	1	-	-
5 (82)	7:16	2	0:15	3.6	27:21	1	-	-
6 (83)	2:00	3	0:12	11.1	29:21	1	-	-
7 (85)	4:48	3	0:27	10.3	34:09	1	-	-
8 (84)	2:57	3	0:17	10.6	37:06	1	-	-
9 (75)	3:30	4	0:22	11.7	40:36	1	-	-
□□	0:54	2	0:04	8.0	41:30	1	-	-