



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

□□□□

Holz, Wilhelm

□□: OLV Uslar

□□□: 51:52

□□□□: 11:58 min/km

□□: 4.33 km / 9 □□

□□□□:

Herren ab 65

□□□□□: 8(of 11)

□□□□□□□: 41:30

□□: 10:22

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (35)	4:50	8	1:14	34.3	4:50	8	1:14	34.3
2 (43)	8:41	8	2:29	40.1	13:31	8	3:34	35.9
3 (46)	4:13	5	0:23	10.0	17:44	8	3:42	26.4
4 (56)	7:06	8	1:39	30.3	24:50	8	4:45	23.7
5 (82)	8:06	6	1:05	15.4	32:56	7	5:35	20.4
6 (83)	1:49	2	0:01	0.9	34:45	7	5:24	18.4
7 (85)	4:55	4	0:34	13.0	39:40	5	5:31	16.2
8 (84)	6:48	8	4:08	155.0	46:28	7	9:22	25.3
9 (75)	4:04	7	0:56	29.8	50:32	7	9:56	24.5
□□	1:20	10	0:30	60.0	51:52	8	10:22	25.0