



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Lange, Hans

□□: OLV Weimar

□□□: 39:38

□□□□: 12:05 min/km

□□: 3.28 km / 8 □□

□□□□:

Herren ab 70

□□□□□: 3(of 11)

□□□□□□□: 35:11

□□: 4:27

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (57)	3:53	5	0:25	12.0	3:53	5	0:25	12.0
2 (54)	5:01	5	0:34	12.7	8:54	5	0:46	9.4
3 (55)	1:47	7	0:21	24.4	10:41	4	1:03	10.9
4 (70)	3:19	6	0:56	39.2	14:00	4	1:41	13.7
5 (65)	5:45	3	1:04	22.8	19:45	4	2:43	16.0
6 (77)	3:23	8	1:19	63.7	23:08	4	4:02	21.1
7 (76)	9:59	5	0:42	7.5	33:07	3	4:44	16.7
8 (75)	5:19	3	0:51	19.0	38:26	3	4:36	13.6
□□	1:12	4	0:08	12.5	39:38	3	4:27	12.7