



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Thiel, Rolf

□□: IHW Alex Berlin

□□□: 51:56

□□□□: 15:50 min/km

□□: 3.28 km / 8 □□

□□□□:

Herren ab 70

□□□□□: 10(of 11)

□□□□□□□: 35:11

□□: 16:45

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| □□     | □□<br>□□ | □□<br>- | □□<br>- | □□<br>% | □□□<br>□□ | □□<br>- | □□<br>- | □□<br>% |
|--------|----------|---------|---------|---------|-----------|---------|---------|---------|
| 1 (57) | 5:00     | 9       | 1:32    | 44.2    | 5:00      | 9       | 1:32    | 44.2    |
| 2 (54) | 7:04     | 9       | 2:37    | 58.8    | 12:04     | 8       | 3:56    | 48.4    |
| 3 (55) | 2:02     | 9       | 0:36    | 41.9    | 14:06     | 8       | 4:28    | 46.4    |
| 4 (70) | 4:12     | 9       | 1:49    | 76.2    | 18:18     | 8       | 5:59    | 48.6    |
| 5 (65) | 7:43     | 9       | 3:02    | 64.8    | 26:01     | 9       | 8:59    | 52.7    |
| 6 (77) | 3:48     | 9       | 1:44    | 83.9    | 29:49     | 9       | 10:43   | 56.1    |
| 7 (76) | 13:38    | 10      | 4:21    | 46.9    | 43:27     | 10      | 15:04   | 53.1    |
| 8 (75) | 6:58     | 9       | 2:30    | 56.0    | 50:25     | 10      | 16:35   | 49.0    |
| □□     | 1:31     | 10      | 0:27    | 42.2    | 51:56     | 10      | 16:45   | 47.6    |