



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

□□□□

Zemanek, Achim

□□: Lok Leipzig-Mitte

□□□: 36:15

□□□□: 13:31 min/km

□□: 2.68 km / 6 □□

□□□□:

Herren ab 75

□□□□□: 4(of 12)

□□□□□□□: 30:39

□□: 5:36

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	6:51	6	2:02	42.2	6:51	6	2:02	42.2
2 (56)	2:25	6	0:35	31.8	9:16	6	1:53	25.5
3 (55)	4:01	4	0:49	25.5	13:17	7	2:42	25.5
4 (63)	4:46	5	0:59	26.0	18:03	5	3:41	25.6
5 (59)	10:07	7	1:51	22.4	28:10	4	5:26	23.9
6 (75)	6:40	6	0:51	14.6	34:50	4	5:28	18.6
□□	1:25	6	0:14	19.7	36:15	4	5:36	18.3