



BRL - Hetzdorf
Hetzdorf / 10.05.2015

□□□□

Diehsner, Sebastian

□□: TuS Lübbecke

□□□: 1:14:41

□□□□: 12:23 min/km

□□: 6.03 km / 11 □□

□□□□:

Herren ab 21 AKurz

□□□□□: 18(of 25)

□□□□□□□: 43:10

□□: 31:31

□□□□

□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (47)	6:03	15	2:03	51.3	6:03	15	2:03	51.3
2 (38)	2:53	17	1:37	127.6	8:56	16	3:18	58.6
3 (32)	5:19	14	1:53	54.9	14:15	15	4:48	50.8
4 (34)	10:35	23	7:27	237.8	24:50	18	11:59	93.3
5 (41)	9:28	17	4:48	102.9	34:18	17	16:47	95.8
6 (51)	11:28	20	5:08	81.1	45:46	18	21:37	89.5
7 (52)	3:25	21	1:42	99.0	49:11	19	23:19	90.1
8 (70)	9:04	16	3:01	49.9	58:15	18	25:33	78.1
9 (71)	2:02	11	0:49	67.1	1:00:17	18	26:22	77.7
10 (82)	6:26	18	3:05	92.0	1:06:43	18	29:08	77.5
11 (75)	7:21	15	2:39	56.4	1:14:04	18	31:47	75.2
□□	0:37	1	-	-	1:14:41	18	31:31	73.0