



BRL - Hetzdorf  
Hetzdorf / 10.05.2015

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Röck, Christian

□□: TUS Karlsruhe-Rüppurr

□□□: 1:16:09

□□□□: 12:37 min/km

□□: 6.03 km / 11 □□

□□□□:

Herren ab 21 AKurz

□□□□□: 19(of 25)

□□□□□□□: 43:10

□□: 32:59

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	□□	-	-	%	□□	-	-	%
1 (47)	5:59	14	1:59	49.6	5:59	14	1:59	49.6
2 (38)	2:58	18	1:42	134.2	8:57	17	3:19	58.9
3 (32)	12:29	23	9:03	263.6	21:26	22	11:59	126.8
4 (34)	4:54	14	1:46	56.4	26:20	22	13:29	104.9
5 (41)	11:46	19	7:06	152.1	38:06	20	20:35	117.5
6 (51)	8:41	12	2:21	37.1	46:47	20	22:38	93.7
7 (52)	3:59	23	2:16	132.0	50:46	20	24:54	96.3
8 (70)	9:16	17	3:13	53.2	1:00:02	19	27:20	83.6
9 (71)	1:29	3	0:16	21.9	1:01:31	19	27:36	81.4
10 (82)	7:01	19	3:40	109.5	1:08:32	19	30:57	82.4
11 (75)	6:57	13	2:15	47.9	1:15:29	19	33:12	78.5
□□	0:40	3	0:03	8.1	1:16:09	19	32:59	76.4