



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

□□□□

Hofmeister, Christoph

□□: MTK Bad Harzburg

□□□: 1:11:31

□□□□: 6:55 min/km

□□: 10.33 km / 13 □□

□□□□:

Herren ab 21 ALang

□□□□□: 2(of 22)

□□□□□□□: 1:11:20

□□: 0:11

□□□□

□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (42)	3:48	1	-	-	3:48	1	-	-
2 (44)	2:07	10	0:32	33.7	5:55	1	-	-
3 (33)	5:53	4	0:13	3.8	11:48	1	-	-
4 (45)	6:03	1	-	-	17:51	1	-	-
5 (51)	2:52	3	0:03	1.8	20:43	1	-	-
6 (53)	3:01	2	0:13	7.7	23:44	1	-	-
7 (94)	17:18	3	0:09	0.9	41:02	1	-	-
8 (97)	8:00	16	2:39	49.5	49:02	1	-	-
9 (100)	2:37	2	0:10	6.8	51:39	1	-	-
10 (102)	5:09	7	0:58	23.1	56:48	1	-	-
11 (87)	10:06	5	1:48	21.7	1:06:54	3	0:14	0.4
12 (85)	0:45	1	-	-	1:07:39	1	-	-
13 (75)	3:08	4	0:18	10.6	1:10:47	2	0:10	0.2
□□	0:44	8	0:06	15.8	1:11:31	2	0:11	0.3