



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Steube, Michael

□□: TK Hannover

□□□: 1:21:13

□□□□: 7:51 min/km

□□: 10.33 km / 13 □□

□□□□:

Herren ab 21 ALang

□□□□□: 6(of 22)

□□□□□□: 1:11:20

□□: 9:53

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (42)	4:47	11	0:59	25.9	4:47	11	0:59	25.9
2 (44)	1:57	7	0:22	23.2	6:44	6	0:49	13.8
3 (33)	6:03	6	0:23	6.8	12:47	7	0:59	8.3
4 (45)	7:34	9	1:31	25.1	20:21	7	2:30	14.0
5 (51)	3:24	10	0:35	20.7	23:45	7	3:02	14.6
6 (53)	4:28	13	1:40	59.5	28:13	7	4:29	18.9
7 (94)	21:49	13	4:40	27.2	50:02	8	9:00	21.9
8 (97)	7:31	15	2:10	40.5	57:33	9	8:31	17.4
9 (100)	3:38	12	1:11	48.3	1:01:11	10	9:32	18.5
10 (102)	4:11	1	-	-	1:05:22	7	8:34	15.1
11 (87)	10:43	10	2:25	29.1	1:16:05	7	9:25	14.1
12 (85)	0:54	4	0:09	20.0	1:16:59	6	9:20	13.8
13 (75)	3:31	7	0:41	24.1	1:20:30	6	9:53	14.0
□□	0:43	5	0:05	13.2	1:21:13	6	9:53	13.9