



□□□□

Jensch, Marco

□□: OK Mark Brandenburg

□□□: 1:21:49

□□□□: 7:55 min/km

□□: 10.33 km / 13 □□

□□□□:

Herren ab 21 ALang

□□□□□: 7(of 22)

□□□□□□□: 1:11:20

□□: 10:29

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (42)	6:59	17	3:11	83.8	6:59	17	3:11	83.8
2 (44)	1:48	3	0:13	13.7	8:47	15	2:52	48.5
3 (33)	7:51	16	2:11	38.5	16:38	15	4:50	41.0
4 (45)	9:33	18	3:30	57.9	26:11	15	8:20	46.7
5 (51)	5:14	19	2:25	85.8	31:25	16	10:42	51.7
6 (53)	3:41	5	0:53	31.6	35:06	15	11:22	47.9
7 (94)	17:12	2	0:03	0.3	52:18	12	11:16	27.5
8 (97)	5:21	1	-	-	57:39	10	8:37	17.6
9 (100)	3:30	9	1:03	42.9	1:01:09	9	9:30	18.4
10 (102)	5:31	9	1:20	31.9	1:06:40	9	9:52	17.4
11 (87)	8:56	2	0:38	7.6	1:15:36	6	8:56	13.4
12 (85)	2:24	20	1:39	220.0	1:18:00	8	10:21	15.3
13 (75)	3:11	5	0:21	12.4	1:21:11	8	10:34	15.0
□□	0:38	1	-	-	1:21:49	7	10:29	14.7