



□□□□

Riechers, Sören

□□: BielefelderTG

□□□: 1:27:34

□□□□: 6:10 min/km

□□: 14.20 km / 18 □□

□□□□:

Herren Elite

□□□□□: 7(of 23)

□□□□□□□: 1:18:50

□□: 8:44

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (40)	3:28	3	0:05	2.5	3:28	3	0:05	2.5
2 (31)	5:04	6	0:16	5.6	8:32	3	0:17	3.4
3 (33)	2:29	4	0:13	9.6	11:01	3	0:30	4.8
4 (39)	2:22	6	0:11	8.4	13:23	4	0:26	3.4
5 (53)	7:37	2	0:09	2.0	21:00	2	0:15	1.2
6 (62)	5:06	11	1:01	24.9	26:06	6	1:01	4.1
7 (64)	4:05	13	1:30	58.1	30:11	7	2:16	8.1
8 (101)	17:13	7	1:59	13.0	47:24	7	4:06	9.5
9 (97)	2:31	5	0:11	7.9	49:55	7	4:17	9.4
10 (100)	3:31	14	1:16	56.3	53:26	8	5:26	11.3
11 (104)	6:33	5	0:36	10.1	59:59	7	6:02	11.2
12 (105)	0:46	2	0:02	4.6	1:00:45	7	6:04	11.1
13 (103)	4:15	2	0:10	4.1	1:05:00	7	6:14	10.6
14 (102)	6:28	7	1:15	24.0	1:11:28	7	7:19	11.4
15 (93)	6:34	5	0:43	12.3	1:18:02	7	8:02	11.5
16 (83)	4:25	4	0:28	11.8	1:22:27	7	8:30	11.5
17 (76)	1:57	4	0:08	7.3	1:24:24	7	8:38	11.4
18 (75)	2:31	3	0:03	2.0	1:26:55	7	8:40	11.1
□□	0:39	4	0:04	11.4	1:27:34	7	8:44	11.1