



BRL - Hetzdorf
Hetzdorf / 10.05.2015

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Seeger, Isabel

□□: Baiersdorfer SV

□□□: 54:40

□□□□: 9:03 min/km

□□: 6.03 km / 11 □□

□□□□:

Damen bis 18

□□□□□: 3(of 19)

□□□□□□□: 49:20

□□: 5:20

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	5:03	3	0:33	12.2	5:03	3	0:33	12.2
2 (38)	1:41	3	0:14	16.1	6:44	3	0:34	9.2
3 (32)	4:40	4	0:31	12.5	11:24	3	1:04	10.3
4 (34)	5:00	8	1:57	63.9	16:24	3	1:35	10.7
5 (41)	6:52	4	0:43	11.7	23:16	3	2:18	11.0
6 (51)	8:34	4	1:13	16.6	31:50	3	3:31	12.4
7 (52)	2:27	5	0:20	15.8	34:17	3	3:51	12.7
8 (70)	7:07	3	0:10	2.4	41:24	3	4:01	10.7
9 (71)	1:57	3	0:18	18.2	43:21	3	4:14	10.8
10 (82)	4:09	3	0:35	16.4	47:30	3	4:27	10.3
11 (75)	6:18	4	0:49	14.9	53:48	3	5:16	10.9
□□	0:52	7	0:06	13.0	54:40	3	5:20	10.8