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Sihver, Wiebke

□□: Post SV Dresden

□□□: 43:12

□□□□: 8:01 min/km

□□: 5.38 km / 9 □□

□□□□:

Damen ab 35

□□□□□: 2(of 14)

□□□□□□□: 39:48

□□: 3:24

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	□□	-	-	%	□□	-	-	%
1 (36)	3:18	3	0:14	7.6	3:18	3	0:14	7.6
2 (33)	3:36	3	0:32	17.4	6:54	3	0:46	12.5
3 (51)	10:29	2	1:16	13.7	17:23	2	2:02	13.3
4 (52)	2:07	3	0:11	9.5	19:30	2	2:07	12.2
5 (65)	6:37	1	-	-	26:07	2	1:36	6.5
6 (88)	5:27	3	0:43	15.1	31:34	2	2:19	7.9
7 (85)	5:28	3	0:44	15.5	37:02	2	3:03	9.0
8 (84)	2:20	3	0:27	23.9	39:22	2	2:49	7.7
9 (75)	2:46	3	0:23	16.1	42:08	2	3:12	8.2
□□	1:04	8	0:16	33.3	43:12	2	3:24	8.5