



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Kahmann, Kerstin

□□: OFV Ostercappeln

□□□: 50:11

□□□□: 9:28 min/km

□□: 5.30 km / 9 □□

□□□□:

Damen ab 40

□□□□□: 4(of 12)

□□□□□□□: 44:50

□□: 5:21

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	□□	-	-	%	□□	-	-	%
1 (35)	3:20	1	-	-	3:20	1	-	-
2 (43)	11:05	10	5:19	92.2	14:25	8	4:35	46.6
3 (56)	7:50	2	0:49	11.6	22:15	5	5:03	29.4
4 (88)	7:45	1	-	-	30:00	4	3:26	12.9
5 (81)	2:20	1	-	-	32:20	4	3:00	10.2
6 (90)	1:47	1	-	-	34:07	4	2:44	8.7
7 (85)	9:51	7	2:32	34.6	43:58	4	5:16	13.6
8 (84)	2:25	2	0:19	15.1	46:23	4	5:35	13.7
9 (75)	2:56	1	-	-	49:19	4	5:25	12.3
□□	0:52	1	-	-	50:11	4	5:21	11.9