



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Lischewski, Sandra

□□: BSV Halle-Ammendorf

□□□: 1:01:05

□□□□: 11:31 min/km

□□: 5.30 km / 9 □□

□□□□:

Damen ab 40

□□□□□: 6(of 12)

□□□□□□□: 44:50

□□: 16:15

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (35)	4:20	6	1:00	30.0	4:20	6	1:00	30.0
2 (43)	9:32	7	3:46	65.3	13:52	6	4:02	41.0
3 (56)	10:06	8	3:05	43.9	23:58	8	6:46	39.3
4 (88)	11:59	8	4:14	54.6	35:57	6	9:23	35.3
5 (81)	3:12	7	0:52	37.1	39:09	6	9:49	33.5
6 (90)	2:34	7	0:47	43.9	41:43	6	10:20	32.9
7 (85)	10:20	9	3:01	41.2	52:03	6	13:21	34.5
8 (84)	3:05	10	0:59	46.8	55:08	5	14:20	35.1
9 (75)	4:52	9	1:56	65.9	1:00:00	7	16:06	36.7
□□	1:05	8	0:13	25.0	1:01:05	6	16:15	36.3