



BRL - Hetzdorf
 Hetzdorf / 10.05.2015

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Hergott, Heike

□□: SSV Planeta Radebeul

□□□: 1:01:10

□□□□: 11:32 min/km

□□: 5.30 km / 9 □□

□□□□:

Damen ab 40

□□□□□: 7(of 12)

□□□□□□□: 44:50

□□: 16:20

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	□□	-	-	%	□□	-	-	%
1 (35)	4:44	7	1:24	42.0	4:44	7	1:24	42.0
2 (43)	11:18	11	5:32	96.0	16:02	10	6:12	63.1
3 (56)	9:28	7	2:27	34.9	25:30	9	8:18	48.3
4 (88)	11:54	6	4:09	53.6	37:24	8	10:50	40.8
5 (81)	3:19	8	0:59	42.1	40:43	8	11:23	38.8
6 (90)	2:44	9	0:57	53.3	43:27	7	12:04	38.5
7 (85)	9:48	6	2:29	33.9	53:15	7	14:33	37.6
8 (84)	2:26	3	0:20	15.9	55:41	6	14:53	36.5
9 (75)	4:14	8	1:18	44.3	59:55	6	16:01	36.5
□□	1:15	11	0:23	44.2	1:01:10	7	16:20	36.4