



BRL - Hetzdorf  
 Hetzdorf / 10.05.2015

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Knoll, Caroline

□□: BielefelderTG

□□□: 1:03:34

□□□□: 11:59 min/km

□□: 5.30 km / 9 □□

□□□□:

Damen ab 40

□□□□□: 8(of 12)

□□□□□□□: 44:50

□□: 18:44

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	□□	-	-	%	□□	-	-	%
1 (35)	6:38	10	3:18	99.0	6:38	10	3:18	99.0
2 (43)	6:40	2	0:54	15.6	13:18	5	3:28	35.3
3 (56)	8:18	5	1:17	18.3	21:36	4	4:24	25.6
4 (88)	15:32	12	7:47	100.4	37:08	7	10:34	39.8
5 (81)	3:01	6	0:41	29.3	40:09	7	10:49	36.9
6 (90)	6:23	12	4:36	257.9	46:32	8	15:09	48.3
7 (85)	9:13	3	1:54	26.0	55:45	8	17:03	44.1
8 (84)	2:39	7	0:33	26.2	58:24	8	17:36	43.1
9 (75)	4:12	7	1:16	43.2	1:02:36	8	18:42	42.6
□□	0:58	6	0:06	11.5	1:03:34	8	18:44	41.8