



# 45. Brockenlauf

Ilseburg / 05.09.2015

□□□□

**Hedderich, Thomas**

□□: Hüttenröder Skiverein  
 □□: 512

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M30 (30-34 Jahre)

□□□: 1:51:38

□□: 13.97 km/h

□□□□□/□□□: 6 (of 532)

□□□□□/□: 6 (of 452)

□□□□□□: 1:36:15

□□□□□: 1(of 39)

□□□□□□□: 1:51:38

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 13:43    | 13.12      | 1       | -       | 3       | 1:57    | 3.30  | 13:43   | 13.12 | 1       | -       | 3       | 1:57    |
| Schlüsie        | 3.10     | 15:28    | 11.64      | 2       | 0:12    | 8       | 2:33    | 6.40  | 29:11   | 12.34 | 2       | 0:09    | 7       | 4:30    |
| Hermannsklippe  | 2.60     | 13:06    | 9.16       | 1       | -       | 6       | 1:51    | 9.00  | 42:17   | 12.77 | 2       | 0:09    | 7       | 6:21    |
| Brocken         | 3.10     | 20:08    | 8.94       | 1       | -       | 5       | 2:56    | 12.10 | 1:02:25 | 11.54 | 1       | -       | 6       | 9:17    |
| Eiserner Handwe | 3.60     | 12:52    | 13.99      | 1       | -       | 4       | 1:15    | 15.70 | 1:15:17 | 11.95 | 1       | -       | 5       | 10:32   |
| Schlüsie        | 4.10     | 12:57    | 18.53      | 1       | -       | 7       | 1:31    | 19.80 | 1:28:14 | 12.92 | 1       | -       | 5       | 12:03   |
| Loddenke        | 3.10     | 11:07    | 16.19      | 1       | -       | 8       | 1:30    | 22.90 | 1:39:21 | 13.29 | 1       | -       | 6       | 13:33   |
| Ilseburg/Markt  | 3.30     | 12:17    | 14.65      | 1       | -       | 11      | 1:50    | 26.20 | 1:51:38 | 13.97 | 1       | -       | 6       | 15:23   |