



45. Brockenlauf

Ilseburg / 05.09.2015

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Olschewsky, Jörg

□□: BSG Porsche

□□: 172

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 1:55:12

□□: 13.54 km/h

□□□□□/□□□: 10 (of 532)

□□□□□/□: 10 (of 452)

□□□□□□: 1:36:15

□□□□□: 1(of 91)

□□□□□□□: 1:55:12

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 14:07 | 12.75 | 1 | - | 9 | 2:21 | 3.30 | 14:07 | 12.75 | 1 | - | 9 | 2:21 |
| Schlüsie | 3.10 | 15:46 | 11.42 | 1 | - | 10 | 2:51 | 6.40 | 29:53 | 12.05 | 1 | - | 10 | 5:12 |
| Hermannsklippe | 2.60 | 13:51 | 8.66 | 1 | - | 10 | 2:36 | 9.00 | 43:44 | 12.35 | 1 | - | 10 | 7:48 |
| Brocken | 3.10 | 20:54 | 8.61 | 2 | 0:03 | 9 | 3:42 | 12.10 | 1:04:38 | 11.14 | 1 | - | 10 | 11:30 |
| Eiserner Handwe | 3.60 | 13:29 | 13.35 | 1 | - | 8 | 1:52 | 15.70 | 1:18:07 | 11.52 | 1 | - | 10 | 13:22 |
| Schlüsie | 4.10 | 13:39 | 17.58 | 3 | 0:32 | 16 | 2:13 | 19.80 | 1:31:46 | 12.42 | 1 | - | 10 | 15:35 |
| Loddenke | 3.10 | 11:11 | 16.10 | 2 | 0:37 | 10 | 1:34 | 22.90 | 1:42:57 | 12.82 | 1 | - | 10 | 17:09 |
| Ilseburg/Markt | 3.30 | 12:15 | 14.69 | 2 | 0:18 | 9 | 1:48 | 26.20 | 1:55:12 | 13.54 | 1 | - | 10 | 18:57 |