



45. Brockenlauf

Ilseburg / 05.09.2015

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Hoffmann, Dr. Matthias

□□: Läuferteam Oker
 □□: 538

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M50 (50-54 Jahre)

□□□: 2:00:23

□□: 13.06 km/h

□□□□□/□□□: 18 (of 532)

□□□□□/□: 18 (of 452)

□□□□□□: 1:36:15

□□□□□: 1(of 78)

□□□□□□□: 2:00:23

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	14:54	13.29	1	-	17	3:08	3.30	14:54	13.29	1	-	17	3:08
Schlüsie	3.10	16:19	11.40	1	-	17	3:24	6.40	31:13	12.30	1	-	17	6:32
Hermannsklippe	2.60	14:17	10.92	2	0:04	23	3:02	9.00	45:30	11.87	1	-	17	9:34
Brocken	3.10	22:08	8.40	1	-	19	4:56	12.10	1:07:38	10.73	1	-	18	14:30
Eiserner Handwe	3.60	14:28	14.93	2	0:13	17	2:51	15.70	1:22:06	11.47	1	-	17	17:21
Schlüsie	4.10	14:03	17.51	2	0:32	20	2:37	19.80	1:36:09	12.36	1	-	17	19:58
Loddenke	3.10	11:31	16.15	1	-	18	1:54	22.90	1:47:40	12.76	1	-	16	21:52
Ilseburg/Markt	3.30	12:43	15.57	1	-	21	2:16	26.20	2:00:23	13.06	1	-	18	24:08