



# 45. Brockenlauf

Ilseburg / 05.09.2015

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Jacobs, Maik

□□: LG Mandra  
□□: 322

□□: 26.20 km  
26,2 km - Lauf

□□□□:  
Senioren M50 (50-54 Jahre)

□□□: 2:04:42

□□: 12.51 km/h

□□□□□/□□□: 27 (of 532)

□□□□□/□: 27 (of 452)

□□□□□□: 1:36:15

□□□□□: 3(of 78)

□□□□□□□: 2:00:23

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	15:16	11.79	3	0:22	25	3:30	3.30	15:16	11.79	3	0:22	25	3:30
Schlüsie	3.10	16:42	10.78	4	0:23	31	3:47	6.40	31:58	11.26	4	0:45	26	7:17
Hermannsklippe	2.60	14:38	8.20	3	0:25	32	3:23	9.00	46:36	11.59	3	1:06	25	10:40
Brocken	3.10	23:48	7.56	4	1:40	45	6:36	12.10	1:10:24	10.23	4	2:46	32	17:16
Eiserner Handwe	3.60	14:31	12.40	3	0:16	19	2:54	15.70	1:24:55	10.60	3	2:49	27	20:10
Schlüsie	4.10	14:12	16.90	4	0:41	27	2:46	19.80	1:39:07	11.50	3	2:58	27	22:56
Loddenke	3.10	11:53	15.15	4	0:22	31	2:16	22.90	1:51:00	11.89	3	3:20	27	25:12
Ilseburg/Markt	3.30	13:42	13.14	7	0:59	59	3:15	26.20	2:04:42	12.51	3	4:19	27	28:27