



45. Brockenlauf

Ilseburg / 05.09.2015

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Franke, Sven

□□: Brockenlaufverein
 □□: 73

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:13:27

□□: 11.69 km/h

□□□□□/□□□: 65 (of 532)

□□□□□/□: 63 (of 452)

□□□□□□: 1:36:15

□□□□□: 16(of 91)

□□□□□□□: 1:55:12

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 17:13 | 10.45 | 18 | 3:06 | 76 | 5:27 | 3.30 | 17:13 | 10.45 | 18 | 3:06 | 76 | 5:27 |
| Schlüsie | 3.10 | 17:49 | 10.10 | 16 | 2:03 | 60 | 4:54 | 6.40 | 35:02 | 10.28 | 17 | 5:09 | 67 | 10:21 |
| Hermannsklippe | 2.60 | 15:37 | 7.68 | 16 | 1:46 | 65 | 4:22 | 9.00 | 50:39 | 10.66 | 17 | 6:55 | 67 | 14:43 |
| Brocken | 3.10 | 27:01 | 6.66 | 25 | 6:10 | 135 | 9:49 | 12.10 | 1:17:40 | 9.27 | 19 | 13:02 | 82 | 24:32 |
| Eiserner Handwe | 3.60 | 14:52 | 12.11 | 7 | 1:23 | 27 | 3:15 | 15.70 | 1:32:32 | 9.73 | 18 | 14:25 | 73 | 27:47 |
| Schlüsie | 4.10 | 14:34 | 16.48 | 7 | 1:27 | 38 | 3:08 | 19.80 | 1:47:06 | 10.64 | 17 | 15:20 | 68 | 30:55 |
| Loddenke | 3.10 | 12:58 | 13.88 | 21 | 2:24 | 88 | 3:21 | 22.90 | 2:00:04 | 10.99 | 17 | 17:07 | 68 | 34:16 |
| Ilseburg/Markt | 3.30 | 13:23 | 13.45 | 10 | 1:26 | 43 | 2:56 | 26.20 | 2:13:27 | 11.69 | 16 | 18:15 | 63 | 37:12 |