



45. Brockenlauf

Ilseburg / 05.09.2015

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Cäsar, Christian

□□: Harz-Gebirgslauf Wernigerode
 □□: 469

□□□: 2:15:40

□□: - km/h

Enduro Long Men

□□□□:

Senioren M30 (30-34 Jahre)

□□□□□/□□□: 77 (of 532)

□□□□□/□: 74 (of 452)

□□□□□□: 1:36:15

□□□□□: 7 (of 39)

□□□□□□□: 1:51:38

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	15:34	11.56	4	1:51	41	3:48	3.30	15:34	11.56	4	1:51	41	3:48
Schlüsie	3.10	18:32	9.71	10	3:16	92	5:37	6.40	34:06	10.56	5	5:04	54	9:25
Hermannsklippe	2.60	17:01	7.05	14	3:55	148	5:46	9.00	51:07	10.56	7	8:59	76	15:11
Brocken	3.10	26:43	6.74	14	6:35	123	9:31	12.10	1:17:50	9.25	8	15:25	85	24:42
Eiserner Handwe	3.60	15:43	11.45	6	2:51	62	4:06	15.70	1:33:33	9.62	8	18:16	80	28:48
Schlüsie	4.10	14:54	16.11	6	1:57	50	3:28	19.80	1:48:27	10.51	8	20:13	74	32:16
Loddenke	3.10	13:05	13.76	9	1:58	97	3:28	22.90	2:01:32	10.86	7	22:11	74	35:44
Ilseburg/Markt	3.30	14:08	12.74	6	1:51	86	3:41	-	2:15:40	-	7	24:02	74	39:25