



45. Brockenlauf
Ilseburg / 05.09.2015

□□□□

Schulze, Marcus

□□□: 2:22:07

□□: -

□□: 11.06 km/h

□□: 518

□□: 26.20 km

□□□□□/□□□: 121 (of 532)

26,2 km - Lauf

□□□□□/□: 118 (of 452)

□□□□□□: 1:36:15

□□□□:

□□□□□: 21(of 91)

Senioren M45 (45-49 Jahre)

□□□□□□□: 1:55:12

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 17:33 | 11.28 | 21 | 3:26 | 93 | 5:47 | 3.30 | 17:33 | 11.28 | 21 | 3:26 | 93 | 5:47 |
| Schlüsie | 3.10 | 19:01 | 9.78 | 22 | 3:15 | 110 | 6:06 | 6.40 | 36:34 | 10.50 | 20 | 6:41 | 98 | 11:53 |
| Hermannsklippe | 2.60 | 16:22 | 9.53 | 21 | 2:31 | 105 | 5:07 | 9.00 | 52:56 | 10.20 | 21 | 9:12 | 100 | 17:00 |
| Brocken | 3.10 | 26:55 | 6.91 | 23 | 6:04 | 130 | 9:43 | 12.10 | 1:19:51 | 9.09 | 21 | 15:13 | 106 | 26:43 |
| Eiserner Handwe | 3.60 | 17:02 | 12.68 | 25 | 3:33 | 140 | 5:25 | 15.70 | 1:36:53 | 9.72 | 21 | 18:46 | 111 | 32:08 |
| Schlüsie | 4.10 | 17:35 | 13.99 | 40 | 4:28 | 210 | 6:09 | 19.80 | 1:54:28 | 10.38 | 22 | 22:42 | 127 | 38:17 |
| Loddenke | 3.10 | 13:38 | 13.64 | 28 | 3:04 | 150 | 4:01 | 22.90 | 2:08:06 | 10.73 | 22 | 25:09 | 127 | 42:18 |
| Ilseburg/Markt | 3.30 | 14:01 | 14.13 | 20 | 2:04 | 79 | 3:34 | 26.20 | 2:22:07 | 11.06 | 21 | 26:55 | 118 | 45:52 |