



45. Brockenlauf

Ilseburg / 05.09.2015

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Kraechter, Karsten

□□: E.ON Energie Deutschland
 □□: 153

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 2:22:27

□□: 10.95 km/h

□□□□□/□□□: 126 (of 532)

□□□□□/□: 123 (of 452)

□□□□□□: 1:36:15

□□□□□: 25(of 59)

□□□□□□□: 1:45:31

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:41 | 9.63 | 25 | 5:35 | 172 | 6:55 | 3.30 | 18:41 | 9.63 | 25 | 5:35 | 172 | 6:55 |
| Schlüsie | 3.10 | 19:21 | 9.30 | 26 | 4:58 | 137 | 6:26 | 6.40 | 38:02 | 9.47 | 25 | 10:21 | 148 | 13:21 |
| Hermannsklippe | 2.60 | 16:24 | 7.32 | 22 | 3:54 | 112 | 5:09 | 9.00 | 54:26 | 9.92 | 23 | 14:02 | 132 | 18:30 |
| Brocken | 3.10 | 25:20 | 7.11 | 17 | 5:30 | 73 | 8:08 | 12.10 | 1:19:46 | 9.03 | 22 | 19:32 | 103 | 26:38 |
| Eiserner Handwe | 3.60 | 17:03 | 10.56 | 25 | 4:48 | 144 | 5:26 | 15.70 | 1:36:49 | 9.30 | 23 | 24:20 | 109 | 32:04 |
| Schlüsie | 4.10 | 16:27 | 14.59 | 28 | 4:33 | 145 | 5:01 | 19.80 | 1:53:16 | 10.06 | 23 | 28:53 | 110 | 37:05 |
| Loddenke | 3.10 | 13:35 | 13.25 | 28 | 3:27 | 139 | 3:58 | 22.90 | 2:06:51 | 10.41 | 25 | 32:20 | 116 | 41:03 |
| Ilseburg/Markt | 3.30 | 15:36 | 11.54 | 34 | 4:36 | 191 | 5:09 | 26.20 | 2:22:27 | 10.95 | 25 | 36:56 | 123 | 46:12 |